



**International Front Runner Games
New York City
May 22, 2008 – May 26, 2008**

REGISTRATION

Please go to the following website:

http://www.active.com/page/Event_Details.htm?event_id=1544808&assetId=b0b54684-c0d7-4bc3-84f7-f5b535c10cac

or go to www.frny.org and follow the links from there.

HOUSING OPTIONS

Hotel Accommodations:

Hotel QT--Midtown

125 West 45th Street
New York, NY 10036

Rate \$225/night

This rate includes continental buffet breakfast, high-speed wireless internet and local calls as well as use of the pool, sauna and steam room.

Individual cancellations are allowed up until 48 hours prior to arrival.

All reservations must be made by **April 24, 2008**. Individuals can make their reservations by calling the hotel at (212) 354-2323 and referring to the **International Front Runner Games** event. After the cut-off date, Hotel QT will accept group reservations on rate and space availability basis.

Four Points Sheraton—Chelsea

160 West 25th Street
New York, NY 10001

Rate \$325/night

Individual cancellations are allowed up until 48 hours prior to arrival.

All reservations must be made by **April 23, 2008**. Individuals can make their reservations by calling the hotel at (212) 627-1888 and referring to the **International Front Runner Games** event. After the cut-off date, Four Points Sheraton will accept group reservations on rate and space availability basis.

Hosted Housing:

Please visit <http://www.frny.org/webdocs/pdf/IFRGames2008HousingForm.doc> for the Hosted Housing Request Form and e-mail your completed form to Joe Lim (joseph.limjr@lehman.com) or Jason Rudman (Jason.rudman@gmail.com).

FLIGHTS

Continental is offering discounts for IFR Games participants. Please see below. These discounts are only valid for flights from May 18th, 2008 to May 31st, 2008.

Continental Airlines offers discounts off published fares of 2% to 15%, or Zone fares. Call your travel agent or Continental MeetingWorks at 800-468-7022 for reservations.

Refer to Z Code ZDY4 and Agreement Code: CVJ1C1. Or, save an additional 3% off by booking your own reservations at www.continental.com. Choose your flight times and access your meeting discounts by inserting ZDY4CVJ1C1 in the Offer Code box.

Questions? Please contact Kelsey Louie at klouie@harlemunited.org or 646-263-5156.



International Front Runner Games
New York City, NY, USA
Friday, May 23-Monday, May 26, 2008

Thursday, May 22	5:00 pm - 10:00 pm	Registration Lobby of Hotel QT, 45 th Street between 6 th and 7 th If you are not staying at Hotel QT, you can still stop by to pick up your registration materials. We will also have registration materials at the International Front Runners Meeting for the delegates and at the Track Meet.
Friday, May 23	8:30 am	International Front Runners Meeting Union Theological Seminary, 3041 Broadway, Bonhoeffer Room The annual meeting for the International Front Runners delegates
	5:00 pm - 10:00 pm	Registration Lobby of Hotel QT, 45 th Street between 6 th and 7 th If you are not staying at Hotel QT, you can still stop by to pick up your registration materials. We will also have registration materials at the International Front Runners Meeting for the delegates and at the Track Meet.
Saturday, May 24	10:00 am	International Front Runners Track Meet Van Cortlandt Park Track, Broadway, at 242 nd Street Events include: 1500m Racewalk, 100m Dash, 1 Mile, 400m, 800m, 2 Mile, 200m, 4 x 800m Relay, 4 x 200m Relay, 4 x 400m Relay—Medals to top three in each age group
	afternoon	Social activity to explore NYC Hosted by various New York Front Runners (details to come) Meet in lobby of Hotel QT
	7:00 pm	Pizza and beer night Union Theological Seminary, 3041 Broadway, The Pub Come and enjoy a low-key evening with your fellow Front Runners in this relaxed setting with pool, ping-pong, and air hockey.
Sunday, May 25	11:00 am	International Front Runners Cross-Country Meet Van Cortlandt Park Track, Broadway, at 238 th Street Come run the historic trails of Van Cortlandt Park, the course featured in Patricia Nell Warren's "The Front Runner." You can run either the 5k course or 5 mile course which includes cemetery hill.
	afternoon	Social activity to explore NYC Hosted by various New York Front Runners (details to come) Meet in lobby of Hotel QT
	7:00 pm	International Front Runners Barbecue Reception Union Theological Seminary, 3041 Broadway, courtyard Enjoy dinner and a small reception to recap the events of the weekend.
Monday, May 26	10:00 am	Fun run and breakfast Rutgers Church, 73 rd Street and Broadway Come join us for a fun run in New York City's Central Park and see how Front Runners New York operates every Saturday. This is what you can expect when you visit us any other weekend of the year. And enjoy a light breakfast afterwards.

Questions? Please contact Kelsey Louie at klouie@harlemunited.org or 646-263-5156